

**Math 0110**  
**Math Conversion Tables**

**Household Measures**

Weights

16 ounces (oz) = 1 pound (lb)

Liquid Volume

1 teaspoon (tsp) = 60 drops (gtt)

1 Tablespoon (Tbsp) = 3 teaspoons (tsp)

1 ounce (oz) = 2 Tablespoons (Tbsp)

1 glass = 8 ounces

1 measuring cup = 8 ounces

1 teacup = 6 ounces

16 ounces = 1 pint

2 cups = 1 pint

2 pints = 1 quart

4 quarts = 1 gallon (gal)

Metric Measure

Household Measures

**Liquid**

1 milliliter (mL)	=	15 drops (gtt)
5 milliliters (mL)	=	1 teaspoon (tsp)
15 milliliters (mL)	=	1 Tablespoon (Tbsp)
30 milliliters (mL)	=	1 ounce
180 milliliters (mL)	=	1 teacup (c)
240 milliliters (mL)	=	1 glass
500 milliliters (mL)	=	1 pint
1000 milliliters (mL)	=	1 quart

**Weight**

1 kilogram	=	2.2 pounds (lb)
30 g	=	1 ounce
454 g	=	1 pound (lb)

**Length**

2.5 centimeters (cm)	=	1 inch (in)
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